

**From:** Joanne Gosselin [jgosselin@slc.qc.ca]  
**Sent:** 8 mars 2010 16:11  
**To:** Joanne Gosselin  
**Subject:** NEWS FROM SLC STUDENT SERVICES



## SUMMER JOB OFFERS ARE ALREADY STARTING TO COME IN and many part-time jobs available!

You do know the expression: "**The early bird catches the worm**", well summer jobs are now beginning to come in. Just go to the counselling web page and click on jobs. There you will find summer jobs in and out of town as well as part-time jobs. [Jobs web page link.](#)



## Pentathlon des Neiges



### Congratulations to our 2 inter-collegiate teams and the Tourism Faculty Team!

Congratulations to our 2 inter-collegiate teams and the Tourism faculty team who participated to the Pentathlon des Neiges! Conditions were extremely difficult this year, mostly due to very high winds on the Saturday and poor snow conditions over the weekend but all three teams, mostly composed of first-timers, managed to complete the race in very good times.

## TALENT SHOW

## GUILDERSLEEVE (Floor Hockey Tournament)

The Guildersleeve cup take-off is Tuesday, March 16 and there are still a few spots left. Register in room 272 with Joanne Gosselin. Cost is \$20. We also need 2 referees to work during games. We pay \$20/game day. If interested, give your name to Joanne Gosselin in room 272.



## PHYSICAL EDUCATION 105 LAST CHANCE!

### All students registered in Physical Education 105

Friday March 12 will be the last day offering the special 20\$ rate for all students registered in 105 physical education. Many students have not yet come to register to the fitness centre. After the 12th of March the cost will be 60.00\$ (regular fee). Please come to room 272 to register.



## DON'T MISS CALIGULA : GO SEE THE TRAILER !

<http://www.youtube.com/watch?v=C5Hk1aDKkO0>



CALIGULA

<http://www.youtube.com/watch?v=C5Hk1aDKkO0>

**THE ANNUAL SLC  
TALENT SHOW WILL BE  
PRESENTED FRIDAY  
MARCH 12.**

The show is at 7h30 p.m.  
at le Bar spectacl La suite  
(1018, rue St-Jean Québec,  
QC) on Friday, March 12th.  
Tickets for the show are at  
5\$ and there is 200 tickets available.



**SOCIO CULTURAL SCENE**

[Socio Cultural Page](#)

[Newsletter Archive](#)

**UP COMING EVENTS AT SLC**

**For the next few weeks:**

Here is a list of the students involved in the show! Evelyne Trudel, Lauriane Rochon, Marie-Gil Robitaille, Julien Labrosse, Alexandra Vézina, Anne Sansregret, Sam Bean Robinson, William Letellier-Black, Philippe Lemay-Tremblay, Emile Beauchemin, Sergueï Leclerc, Satenik Zohrabyan, Chloë McCartney, Camille Dion

There are also 2 members of St.Lawrence's staff : Nick Theodorakis and Annik Bilodeau

Attention all our talent show performers: rehearsal will be held on Friday March 12 in the afternoon.

**HOT ... HOT ... HOT ...  
HOT...**



**SUPPORT LIONS  
HOCKEY**

WIN ONE WEEK  
VACATION TO  
FLORIDA FOR TWO

INCLUDING HOTEL AND AIR FARE

St. Lawrence Students 2.00\$ Staff 3.00\$.  
One game ticket = one coupon for the  
Florida Hockey Vacation Package Draw.

Attend all 5 remaining games and obtain 5  
chances to win the grand prize!

The draw will take place on Senior Night  
March 27th

Winners must be present to claim their prize

Remaining home games:

March 13 Lafleche vs Lions @ Activital Arena  
19h30

Tuesday March 9 Representatives from the Canadian Army will hold an information booth in the cafeteria from 12h00 to 14h00.

Tuesday March 9 There will be a meeting of our local Amnesty International group on Tuesday March 9 at 12:10 in room 346-A. Everyone is welcome. Find out how St. Lawrence can help Haiti and promote human rights!

Wednesday March 10 For the German Students: Carnival party on Wednesday, March 10th.

Wednesday March 10 The Goethe-Institut at SLC Das Deutschmobil kommt German in Motion .

Date: March 10, 2010 Time: 8.30 - 10.30

Place: Language lab 332

From March 1 to May 31, 2010 the Deutschmobil will be on a on a 14 000 km tour through Canada.

Two young ambassadors of the German language, Florian G. und Eva P will bring an interesting and colorful program (music, sports and film) to SLC students in order to promote and revive interest in the German language. All students are invited!! The activities are in German and English.

Thursday March 11 There will be a meeting of ECO St.-Lo, our local Environment group, on Thursday March 11 at 12:10 in room 242. Everybody is welcome. At St. Lawrence, it`s easy being green!

Friday March 12 Rehearsal for the talent show performers will be held on Friday March 12 in the afternoon.  
council office.

Friday March 12 THE ANNUAL SLC TALENT SHOW WILL BE HELD FRIDAY MARCH 12.

Where: Bar Spectacle la Suite

1018, rue St-Jean, Québec

Time: 19h30

Cost: 5.00\$ and may be purchased at the student council

March 27 Alma vs Lions @ Activital Arena  
19h30

Purchase your game tickets in room 272  
before Friday of each game and obtain two  
raffle tickets.

IMAGINE !!!

## GREEN TIP OF THE WEEK FROM ECO ST. -LO

Computers  
unnecessarily  
waste \$1 billion  
worth of  
electricity a year.  
> Make it a habit  
to turn off your  
computer-and  
the power strip  
it's plugged into-



when you aren't working on it or when you  
leave work for the day. Otherwise, you're  
still burning energy even if you're not  
burning the midnight oil. During the day,  
setting your computer to go to sleep  
automatically during short breaks can cut  
energy use by 70 percent. Remember,  
screen savers don't save energy.

> Make it a policy to invest in energy-saving  
computers, monitors, and printers and make  
sure that old equipment is properly recycled.  
Look for a recycler that has pledged not to  
export hazardous e-waste and to follow  
other safety guidelines. Old computers that  
still work, and are less than five years old,  
can be donated to organizations that will  
refurbish them and find them new homes.  
(You may even get a tax deduction.)

## SLC FASHION SHOW COMING UP SOON



Friday April 2nd at the  
Ozone  
Boul. Laurier.  
2010 Fashion Show

Organizers:

Mélissa Boulianne, Karim Marier, Émilie St-  
Hilaire, Josée-Odile Tsogo

office.

For a full list of events to come this semester please  
follow this link:

[ftp://www.slc.qc.ca/slc\\_sports/news/Up%20coming%20events%20at%20SLC.pdf](ftp://www.slc.qc.ca/slc_sports/news/Up%20coming%20events%20at%20SLC.pdf)

Should you wish to organize an event, please come to  
room 272. It will be our pleasure to help you with the  
logistics.

## PSYCHOLOGICAL SERVICES

### SENTINEL PROGRAM

#### Suicide Prevention Team:

Name and room number:

Anna Dera 277 - Nick Theodorakis 284  
Joanne Markos 230 - Normand Bourgeois 257  
Johanne Marceau 370 - Patrick Savard 358  
Paul Bleau 359 - Gabriele Messinger 335  
Christian Brosseau 276 - Meagan Daley 355  
Alain Beaulieu Everywhere - Joanne Coleman- Robertson 234  
Denis Côté 335 - Jo Anne Maheux 272  
Luke Radoux 271 - Diane Denault 370  
Rania Vasilakos Reception desk  
Annie Bélanger 360 - Stephen Robinson 334-A  
Edgard Pitre 274

### FREE AND CONFIDENTIAL

New information was added to the counseling site of St.  
Lawrence. Once you have entered the counseling site,  
simply click on Psychological Services and you will have  
access to the psychologist's office hours and a number of  
links that may be of interest to you. You will also have  
access to the list of sentinels by clicking on the SLC logo.  
[Follow this link to go to Psychological Services](#)

To make an appointment with Edgard Pitre see Jo Anne  
Maheux in room 272 or email her at  
[counselling@slc.qc.ca](mailto:counselling@slc.qc.ca) . Should you want to communicate  
with the psychologist, you can email him at  
[epitre@slc.qc.ca](mailto:epitre@slc.qc.ca).



## Counselling Services

Choreographers: Martin Houde, Gabrielle Normandin (CÉGEP Ste-Foy)

**Monday to Friday, 8 a.m. to 4 p.m.**  
**We are closed between 12 p.m. and 1 p.m.**

Marc-André Beaudoin, Yann Beaulieu  
Francis Belhumeur, Olivier Blackburn  
Philippe Bouchard, Élisabeth Bouffard  
Samuel Bradette, Xavier Brisson  
Anthony Chouinard, Marie-Pier Côté  
Catherine Derome, Marie-Ève Déry  
Camille Dion, Lou Fang  
Samatha Gregory, Jessie Harvey  
Joëlle Labrie, Charles-Hugo Lajeunesse  
Sheldon Lavallée, Christine Lefebvre  
Rachel Lesmerises, Chloé McCartney  
Genevieve Morin, Steven Padou  
Teodora Pavlovic, Stéphanie Pelletier  
Derik Petit, Mathieu Picard  
Maxime Royer, Anne Sansregret  
Alexandra Vézina, Christopher Webb  
Saténik Zohrabyan



**[WEEKEND SCOREBOARD FOLLOW THIS LINK](#)**

### **UP COMING GAMES**

#### **SLC Hockey Team -**

Friday March 5, 19h30 Lions vs Sorel-Tracy  
Saturday March 6 19h30 St Laurent vs Lions

Action Photos:

<http://sports.webshots.com/album/574743075GRRLt>

#### **AA Men's Basketball - Playoffs:**

Game 1: Saturday March 13, 10h00  
Lions vs Sherbrooke at École secondaire  
Saint-Joseph de Saint-Hyacinthe

#### **A Men's Basketball - Playoffs**

Saturday March 13  
Time and place are still to be determined.  
Game 1: Ch.-St-Lawrence vs Trois-Rivières

#### **SPORT ETUDIANT WEBSITE:**

<http://www.sportetudiant.com/fre/>

#### **You would like to meet a Guidance Counsellor?**

Sign up for an appointment with Nicole Anne Daigle by dropping by the Counselling Office (room 272). A binder is on the counter with the available spots for the coming weeks.

**If you need to see me for a quick question or to rapidly address any concerns you have, you can stop by during "drop-ins".** No appointment is necessary between 8:15 p.m. and 9 a.m., and between 3 p.m. and 4 p.m. If the door to my office is open, please come in!

#### **DO UNIVERSITY GRADUATES FIND WORK?**

Consult recent statistics online:

[www.mels.gouv.qc.ca/Relance](http://www.mels.gouv.qc.ca/Relance)

If you need help understanding what these statistics mean, do not hesitate to come and talk to the guidance counsellor in room 272.

### **UPCOMING EVENTS:**

#### **UNIVERSITÉ DE MONTRÉAL:**

CEGEP students wanting to get a closer look at **veterinarian studies** can attend the activity *Découverte 2010* which will be held **from March 20 to March 21** (for individual visits). Discover the multiple facts of veterinarian studies, see what research projects are currently being undertaken as well as meet professors and students of the program.

For more information, visit

<http://www.medvet.umontreal.ca/decouverte2010.html>

**Discover Sciences** at l'Université de Montréal: **August 16 to August 20, 2010**. These activities are for students who will be pursuing their CEGEP studies next fall. Three exploratory activities are offered: one in

[NEIndex/14401.cfm?sectorID=2](http://NEIndex/14401.cfm?sectorID=2)

## FREE REMPART TICKETS

We will be rewarding our faithful readers by raffling Rempart Tickets for the following game: Sunday March 14 at 16h00. Just send us an email, include your Name, Student ID number, email and the title of an article in this weeks newsletter. The draw will be done on Wednesday March 10 and the winners will be contacted by email to come and pick-up his or her tickets. Good Luck!



## LOST AND FOUND IS AT RECEPTION

Lost & Found is at the Reception. If you have lost articles, please ask the Receptionist..she might just have it!



For more information on the contents of the newsletter or to add an article to the next mailing, contact student services at [jgosselin@slc.qc.ca](mailto:jgosselin@slc.qc.ca).

Chemistry, one in Physics and one combining Biochemistry and Bioinformatics. You will participate in academic activities, laboratory experiences, discover research areas and attend scientific conferences. These activities are free! For more information, visit the following website: [www.fas.umontreal.ca/sejours](http://www.fas.umontreal.ca/sejours)

## NEW!

New programs offered at Campus Notre-Dame-de-Foy for Fall 2010:

- Création et montage sonore (Attestation d'études collégiales - AEC)
- Soins infirmiers (DEC)

For more information, visit their website:

<http://www.cndf.ca>

## \$\$ SCHOLARSHIPS \$\$

To view a list of upcoming scholarship and bursary deadlines, visit the counselling homepage: [List of Scholarships and Bursaries](#)

**The following scholarships are of particular interest for St. Lawrence students:**

**Quebec City Women's Club** - This bursary, in the amount of \$2000 is open to applicants who are under 25 years of age, are Canadian citizens or landed immigrants, permanent residents of the Greater Quebec City region, or holding a permanent address in this region, entering full-time studies in the first year of an undergraduate program at a Canadian university. Among other things, you must demonstrate FINANCIAL NEED. The deadline to apply is **March 31, 2010**. For more information, visit the following website: <http://www.citadelfoundation.ca/eng/pdf/qcwc-application-young.pdf>

The **P.W. Sims Award** is presented annually at St. Lawrence College to a student with outstanding

performance in the Business Administration program (priority will be given to students in the Business Administration program (410.B0). The award includes a scholarship in the amount of \$2000 received upon proof of registration to a university of their choice.

Application forms are available at the Counselling Office. **The deadline to apply is April 15, 2010.** However, the Counselling Office will take care of sending applications and transcripts directly to the Citadel Foundation if you bring in your completed application on **April 8, 2010, 4 p.m.** at the latest.

The Potter Family Award will be given to a Champlain College St. Lawrence student at this year's graduation Ceremonies. Created to honour Champlain Regional College for its education mission in memory of former Director of Studies, Arthur G. Potter III, the award is presented to a student from one of the Champlain Regional Colleges, on a rotating basis, each year - this year being Champlain-St-Lawrence's turn. A \$1,000.00 prize is awarded to support a student with an inquiring, innovative mind who is able to synthesize the educational experience at Champlain in a short essay. You must be a student at Champlain-St-Lawrence with a cumulative grade average of at least 85% and in your last semester to apply. The application form will be available shortly on the SLC website (homepage). **The deadline to apply is Friday, April 23, 2010.**

**STUDENT ACTIVITIES  
Monday March 8, 2010**

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